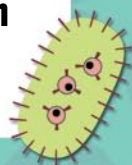


HANDY TIPS

DON'T FORGET TO Wash Your Hands!



- Wash hands frequently with soap and water for 20 seconds.
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Cover your nose and mouth when you cough or sneeze.
- Throw dirty tissue in the trash after you use them.



**STAY
HEALTHY
EVERY DAY!**

PLEASE FEEL FREE TO MAKE COPIES.

**Urgent
Care**
& Occupational Health Center, P.A.